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Presents

SEX EDUCATORS NETWORKING AND COMMUNITY BUILDING CONFERENCE

Saturday March 29th 2014

Welcome to the first Sex Educators Networking and Community Building Conference. This conference was born out of the idea of connecting the educators working in the Greater Boston area so we might serve as resources for one another. We also wanted to provide a forum for people to try out classroom activities and get feedback from other experienced teachers.

We have asked presenters to provide us, where possible, with materials for each activity so you can take what you see here and implement it in your classroom. Finally, we have built in several breaks to allow for time to meet and network with colleagues who face the same challenges as you.

Many thanks go out to our Conference Planning Committee who worked tirelessly to make this happen, especially to Kim Comatas and Maggie Wood.

Enjoy the conference.

Sincerely,

Megara Bell
Partners in Sex Education

Conference Schedule

| | |
|---------------|--|
| 8:30 – 9am | Check in |
| 9:00 – 9:20 | Welcome |
| 9:30 -10:30 | Workshop Session One |
| 10:30 – 10:45 | Break |
| 10:45 – 11:45 | Workshop Session Two |
| Noon – 1pm | Lunch |
| 1:00 – 2:00 | Workshop Session Three |
| 2:00 – 2:15 | Break |
| 2:15 – 3:15 | Workshop Session Four |
| 3:15 -4:00 | Raffle winners announced, evaluations completed and certificates awarded. |

We encourage tweeting!

@partnersinsexed

#sexedcommunity

9:30–10:30

Workshop Session One

Cranium Anatomy

Kim Comatas, Partners in Sex Education

Dining Room

Shake it up anatomy, using a lesson that will have students engaged using various learning styles: visual, reading, auditory, and kinesthetic. Students will team up to find correct reproductive anatomy organs/glands, name the part out loud together as a group, mold various organs parts and finally acting out the process of Menstruation. A lesson you and they won't soon forget.

Creating Value Statements

Maggie Wood, Partners in Sex Education

Sun Room

We will be talking about two things: personal opinions and values around sexuality, and the personal decision making process, especially in regards to making choices around topics of sexual health using role-playing and a bunch of fun activities!

Fetishization: Women of Color's Sexualities Are Not Owed to You.

Takeallah Russell, The Center for Sexual Pleasure and Health

Conference Room and Porch

We've all heard it before, "I love black girls" "Asian women are so exotic!" "Latina women are muy caliente!" This is racial fetishization, and it is a rarely-discussed issue in sex positivity. One may think that many Girls and Women of Color take this as a compliment, but doing so actually fosters feelings of insecurity, worthlessness, and discomfort. During this presentation, we will discuss various examples of racial fetishization, how it leads to hypersexualization of Women of Color, and ways to combat it and create a safer, inclusive space for Women of Color in Sex Positivity.

10:45 –11:45

Workshop Session Two

Your Digital Footprint

Megara Bell, Partners in Sex Education

Dining Room

With 93% of teens using the internet, 73% of them participating in social networking, and median text users. Just as their digital pursuits seem to vanish into cyber space, the ability to grasp the substance of their own transmissions is similarly lost. In this lesson, the individual digital footprint of each participant becomes more concrete, allowing for observation and personal reflection.

How to Run a Parent Meeting

Jane Detwiler, Health and Sexuality Education Consultant

Sun Room

This workshop focuses on how to conduct orientation sessions for parents of teens enrolled in comprehensive sexuality education. The support and involvement of parents/guardians is key to success of comprehensive sexuality education for youth. Parent programming can help establish a healthy partnership by recognizing them as the most influential and important educators of their children and providing them with tools to reinforce and supplement what youth are being taught in sexuality education programs.

What are Students Bringing into Sex Ed?

Understanding Sexual Scripts and Emotional Experiences of Teens

Elise Wakeland, Clinician at Joseph J. Peters Institute

Conference Room and Porch

Sex education classes can bring up many feelings for teenage students who enter the classroom with a variety of beliefs and experiences. This workshop will discuss sexual script theory, current research on adolescent sexual scripts, briefly review "hook up" and rape cultures, and discuss how this might affect students' experience in the classroom.

1:00 – 2:00

Workshop Session Three

Saying “Yes!” to Consent

Megara Bell, Partners in Sex Education

Dining Room

Consent is the critical, but often misunderstood, element of communication in relationships. Helping youth understand consent is critical to increasing communication, reducing sexual abuse and manipulation and increasing efficacy. Age of consent, drugs and alcohol, dating violence, and the legal and ethical effects on consent will be addressed in classroom activities and discussions involving sexual and non-sexual scenarios, suitable for 6th to 12th grade. This workshop explores consent in both legal and ethical contexts and barriers to “informed” consent.

Understanding and Applying the Language of Gender and Sexuality Diversity

Jessica Pedrick, Program Coordinator for Sexuality and Gender Diversity

Sun Room

This lesson designed to teach 7th and 8th grade students about variations in gender identity. The one hour lesson will help students define and differentiate “sex” “gender identity” “gender expression” and “sexual orientation.” Through two interactive activities, students will produce a range of orientations and identities to develop a broader understand of gender and sexuality minorities. This lesson is designed to utilize multiple intelligences and can be used for students with a range of previous knowledge on the subject.

Relationship Behaviors: Healthy or Not?

Suzy Spresert, Boston Public Schools Health & Wellness Department

Conference Room with Porch

Middle and high school students are craving more conversations on and information about healthy relationships. In this workshop we will explore activities to jump start these essential conversations. Looking at strategies to build and maintain healthy relationships, as well as ways to encourage students to remove themselves from hurtful relationships. We will also focus on how technology/social media can impact relationships – for better or worse

2:15 – 3:15

Workshop Session Four

Values Auction

Megan Andelloux, Founder & Director at The Center for Sexual Pleasure and Health

Dining Room

In this lesson, participants are provided the opportunity to budget play money on items they value during a class auction. During the auction, participants will have the opportunity to learn the differences and/or similarities of their classmate’s values

Adaptable & Accurate Sex Education

Modifying on the Fly

Erin Basler-Francis, The Center for Sexual Pleasure and Health

Conference Room and Porch

Adaptable & Accurate gives educators, parents, and caregivers engaged with people with physical, intellectual and developmental disabilities skills to rework sexuality education on the fly. The presentation includes speedy knowledge base assessments, ideas for modifying existing curricula, and a chance to try out the new skills.